

# **COMMUNITY FIRST HEALTH CO-OP (CFHC)**

## **MINUTES OF THE 19TH ANNUAL GENERAL MEETING HELD VIA ZOOM JUNE 22, 2021, 7:00 PM**

**Registration** - Commenced at 7:00 pm sixteen members registered to constitute a quorum.

**Presentation** – Dr. Nic Sparrow of Kootenay Emergency Response Physicians Association (KERPA) gave an interesting overview of their valuable work saving lives and helping the most critical ill and injured patients in our community,

**Commencement of Annual General Meeting** - A quorum was confirmed with 16 members.

**Appointment of recording secretary** - Board member Sharon Browning was appointed to record minutes. The meeting was recorded.

**Adoption of Agenda** - The June 22, 2021, AGM agenda was accepted as circulated.

**Approval of Minutes of last AGM** - The minutes of the September 1, 2020, AGM were accepted as circulated.

**Nominees for Directors** - Slate of nominations for CFHC board members was circulated with no nominations requested during the AGM. Georgia Argyle, Pegasis McGauley and Eric Ramsden accepted by acclamation to continue as board members by the CFHC members in attendance.

**2020-2021 Highlights** - Deb Zeeben gave her Chair report as follows:

Thank you to all of our community wellness partners for finding so many ways to connect safely with commitment to the Health and Safety Protocols at the Wellness and Education Centre. To say that the Covid Pandemic has been challenging is an understatement. We are grateful for the high levels of commitment and dedication of all of the community partners in wellness to serve community residents throughout the pandemic. The circumstances of the last year have underscored the importance of Social Networks and Connections as a key determinant of good health. We owe board member, Eric Ramsden, a huge thank you for figuring out the Zooming process for so many community groups.

The BC Community Health Centre Association and The Canadian Community Health Centre Association offered financial support for increased costs to help meet the Covid Health and Safety Protocols, with additional support for 10 doula contracts for marginalized maternity clients and funding to support the development of materials for all maternity clients' virtual care. The Co-op has received further Transitional Funding for Perinatal and Mental Health Programs delivered by Apple Tree Maternity Care through 2023. The Kootenay Boundary Division of Family Practice has also reallocated funding for this integral regional program to continue once the Ministry of Health resolves and approves the attachment conditions in the contract. The board of Community First Health Co-op values the advocacy work for the establishment of Community Health Centres in every community, with The Canadian Health Cooperative, Canadian Association of Community Health Centres, BC Association of Community Health Centres and BC Rural Network for the right care at the right time. The right care at the right time is the shared goal.

The Safe 6 Resource and Education Centre at the community's health centre heart has supported the ability to deliver services and maintain community connections during the pandemic. For example, Nelson Community Services staff have been able to meet in person with family groups to provide high priority sessions, as have all community partners. The Resource and Education Centre also served as a Tech Hub – enabling those in the community without access to technology to safely meet virtually with other members of their group.

The low-cost dental clinic TEETH, with financial support from the Canadian Health Centre Association/Toronto Dominion Bank, BCDA. community dentists: Dr. Blair Day, Dr. Scott Pentecost, Dr. Parrot, CDAs, community donations and volunteers was able to operate 1 of 2 Emergent and Emergency Clinics in the region for all residents. The Nelson Fire Department and KERPA provided N95 masks to support the community dental work in the initial days of the pandemic.

The Mount St. Francis Advocacy connected across the community to engage residents and politicians in the creation of a health village where community care and supports foster well-being for all in our community while enhancing the lives of our elders in care.

The Nelson and District Credit Union has reappointed Directors Lorne Westnedge and Laureen Barker to CFHC's Lake Street Affordable Home Ownership Working Committee. While the price of lumber has tripled during covid, affordable home ownership is important for a healthy, vibrant community. We value NDCU's commitment to the project.

Our principles of co-operation and collaboration see board members Sharon Browning, Eric Ramsden and Pegasis McGauley serving on the Seniors Coordinating Society Board, Pegasis McGauley, Eric Ramsden and Debby Zeeben serving on the West Kootenay Community TEETH Society Board, Deb also serves with the Mount St. Francis Advocacy, Perinatal Society and Rise Above Pain Society. Sharon is also serving with Branch 51 Seniors. I would like to extend my greatest thanks and appreciation to all board members for their commitment and service to wellness in our community with special thanks to Gerrie Melnechuk and Barry Nelson for their support across all of these organizations. Thank you to Georgia Argyle for leading the Co-op website into the 21st century focused on the people we serve, Brian Levin for connecting for an enhanced insurance discussion to achieve best coverage and Sarah Popoff for support with the cleaning contract. The network for wellness is growing. We measure success with the growing number of folks engaged in the network for community wellness.

Thank you for using the covid pandemic as a year and a half in reflection and planning for a better future for us all. What a remarkable experience it is to be a part of a community that works to make our lives the best they can be.

**Financial Report** - The financial report to March 31, 2021, was accepted as circulated. Sharon indicated to the CFHC members in attendance that CFHC had cash on hand of \$281,980; depreciated property and equipment of \$1,176,582; revenue over expenses of \$98,542; and a mortgage balance of \$584,524. The full report is posted on our website [www.healthco-op.ca](http://www.healthco-op.ca).

Going forward, in April 2021 we paid \$25,000 on our mortgage principal. We will be purchasing a new power unit for the elevator (\$30,000) and a humidity controller for the air handler system (\$20,000) to provide a healthier environment for the building.

**Auditor** - Resolved as a Special Resolution by members of the Community First Health Co-op at the Annual General Meeting of June 22, 2021, that pursuant to section 109 of the Cooperative Association Act, the Co-op hereby waives the appointment of an auditor. Notice to Reader will be prepared.

The meeting was adjourned with a statutory meeting of the Board members to be held on July 9, 2021.