

**BECOME A MEMBER OF THE
SENIORS COORDINATING
SOCIETY**

Membership is \$2 and includes:

- Reminders about meetings & events
- Voting privileges at our Annual General Meeting
- Opportunity to be elected to the board of directors

To apply for membership with the Seniors Coordinating Society, please fill out the following information and return it to:
719 Vernon St, Nelson BC, V1L 4G3
or email to sencoord@gmail.com.

Name:

Phone:

Email:



**Umbrella
Organization**

**TEETH
Low-Income Dental Program**

**Registrations suspended until
2023 due to fire renovations**

Program funding supported by
generous donations from:

BC Gaming Commission, Telus
Ambassadors, Nelson & District
Credit Union, Kootenay Co-op,
Lions Club, RDCK, Osprey
Foundation, Friends of Nelson
Elders and the people of Nelson.
Many thanks to the City of Nelson
for their outstanding generosity.



**NELSON and DISTRICT
SENIORS
COORDINATING
SOCIETY (NDSCS)**

**Seniors One Stop
Resource Centre
719 Vernon Street
Nelson BC, V1L 4G3**

250-352-6008

Tues. to Thurs. 9am-2pm

Email: sencoord@gmail.com

Website: www.nelsonseniors.ca

- Resource and Information Centre
 - Income Tax Program
 - Financial Advocacy
 - Cycling without Age
- Personal Advance Planning
- Elder Abuse Prevention Program

Personal Advance Planning

Tuesday 10 am – 12pm
By Appointment
(250) 352-6008

Assistance with personal planning for future illness or crisis using forms from NIDUS Personal Planning and Resource Registry.



Application Forms Assistance for Seniors

Tuesday 10am-12pm
By Appointment
(250) 352-6008

Information on government programs, help with application forms, such as Pharmacare, Old Age Security, Canada Pension Plan, Guarantee Income Supplement, SAFER Rental Supplement, etc.



Community Volunteer

Income Tax Program

Appointments Necessary
250-352-6008

Income Tax returns prepared by volunteers trained by Canada Revenue for people on income of less than \$35,000/year. This service is available year-round.



Volunteers for **NDSCS** created a TV program for seniors with Shaw TV. See our website for more info:
www.nelsonseniors.ca



Cycling without Age

Volunteer drivers take passengers who have reduced mobility or are otherwise isolated from their community on free trishaw rides. Opportunity is provided to experience life beyond their homes through this non-profit program.

To book rides or find out more:
Email: cwanelsonrides@gmail.com
250-505-1999

Elder Abuse Prevention Program

Wednesday 12-2pm

Learn more about elder abuse and neglect and how to prevent it.



Telephone and in-person support, pamphlets, posters & videos are available to you.

Drop in or call for appointment:
250-352-6008

Information & Referral Centre

Tuesday to Thursday
9am – 2pm



Come in to the **NDSCS** during office hours to access a wide variety of resources and information regarding health, legal, housing, and other public services.