

BECOME A MEMBER OF THE SENIORS COORDINATING SOCIETY

Membership is \$2 and includes:

- Reminders about meetings & events
- Voting privileges at our Annual General Meeting
- Opportunity to be elected to the board of directors

To apply for membership with the Seniors Coordinating Society, please fill out the following information and return it to: 719 Vernon St, Nelson BC, V1L 4G3 or email to sencoord@gmail.com.

Name: _____

Phone: _____

Email: _____



Umbrella Organizations:

Elder Abuse Prevention Program
Wednesday 12-2pm drop in or call for appointment: 250-352-6008

Low Income Dental Program
Every Thursday

11am - 1pm

To register: drop in or call 250-352-6008
for more info

Program funding supported by generous donations from: BC Gaming Commission, Telus Ambassadors, Lions Club, RDCK, Nelson. Many thanks to the City of Nelson for their outstanding generosity.



NELSON and DISTRICT SENIORS COORDINATING SOCIETY

Seniors One Stop Resource Centre
719 Vernon Street
Nelson BC, V1L 4G3

250-352-6008
Tues. - Thurs. 10am - 3pm

Email: sencoord@gmail.com

Website: www.nelsonseniors.ca

- Income Tax Program
- Grocery Run Bus
- Resource and Information Centre
- Advance Personal Planning
- Cycling without Age

Advance Personal Planning

Tuesday 10 am – 12pm

Assistance with personal planning for future illness or crisis using forms provided by NIDUS Personal Planning and Resource Registry.



Application forms assistance for Seniors

Tuesday 10am-12pm

Information on government programs, help with application forms, such as Pharmacare, Old Age Security, Canada Pension Plan, Guarantee Income Supplement, SAFER Rental Supplement, etc.



Volunteers for NDSCS created a TV program for seniors with Shaw TV. See our website for more info.



Community Volunteer

Income Tax Program

Tuesdays 9:30am – 12pm

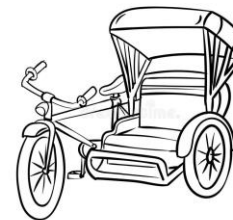
Income Tax returns prepared by volunteers trained by Canada Revenue for people on income of less than \$35,000/year. This service is by donation and available year round. During tax season, from March to April, appointments are also available Wednesday and Thursday. Call to make an appointment.

Grocery Run Bus Service

Every Thursday during noon hour

The 'Grocery Run' is for people needing help getting home with their groceries. You shop at your favourite store and a bus takes you and your groceries home.

Help with bags provided.
Call to arrange pickup:
250-352-6008



Cycling without Age

Volunteer drivers take passengers who have reduced mobility or are otherwise isolated from their community

on free trishaw rides. Opportunity is provided to experience life beyond their homes through this non profit program.

To book rides or find out more
Email: cwanelsonrides@gmail.com

Ph: 250-505-1999



Information & Referral Centre

**Tuesday – Thursday
10am – 3pm**

Come in to the NDSCS during office hours to access a wide variety of resources and information with regard to health, legal, housing, and other public services.

Closed on statutory holidays.