

About the Health Co-op . . .

In 2002 a group of concerned citizens formed Community First Health Co-op to enhance and support local health care services. It was incorporated on February 27, 2003.

The Co-op's focus is on health and wellness — keeping communities healthy.



Building Healthy Communities

Our Mission:

The mission of the Community First Health Co-op is to enhance the health and wellness of communities, families, and individuals by providing services through a co-operative partnership of consumers and health service providers.

Invest today in a healthy
Community — Join
COMMUNITY FIRST HEALTH CO-OP

**COMMUNITY FIRST HEALTH CO-OP
(VOLUNTEER-RUN, NON-PROFIT
COMMUNITY SERVICE CO-
OPERATIVE)**

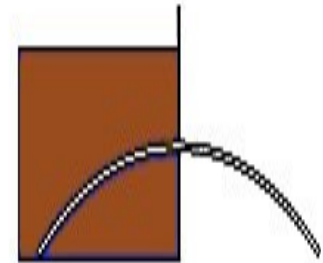
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NELSON, B.C. V1L 4C6**

E-MAIL: cfhcoop@shaw.ca

WEBSITE: www.healthco-op.com

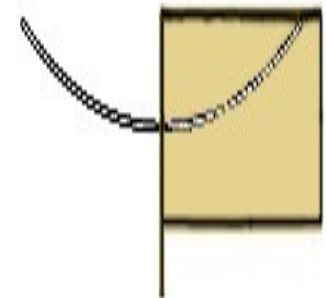
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Twitter: [@CFHCoop](https://twitter.com/CFHCoop)



COMMUNITY FIRST

HEALTH CO-OP



**Working to build Community-based
solutions in Health Care**

Why a Health Co-operative?

- **Community-Oriented** - because we live here;
- **Locally-Controlled** - community-based volunteer Board of Directors elected on the principle of “one member - one vote”;
- **Not-for-Profit** - profits reinvested back into health care services;
- **Practical** - provide services in partnership with consumers and health-care providers;
- **Emphasis** - on health promotion.



Healthy Solutions for Healthy Communities

The Growth of the Co-op Future . .

The Health Co-op has come a long way since 2002. We are incorporated as a Co-operative and are focusing our efforts to ensure the health and wellness of our community.

Services that the Co-op could contribute:

- home support for community residents;
- chronic disease management and support;
- community care teams focused on vision, nutrition, hearing, speech and dental health;
- supportive living programs;
- affordable housing;
- health education series for the public;
- other health and wellness initiatives.

NELSON AND AREA WELLNESS AND EDUCATION CENTRE

Traditional and alternative health practitioners are located in the **Nelson and Area Wellness and Education Centre** at 518 Lake Street, Nelson, V1L4C6 which was purchased by the Co-op in 2006.



Membership privileges:

Opportunity to plan for a healthy community. Your membership helps create innovative solutions for wellness, housing and alternate care.

Join us, become a member:

- complete a membership form and select the shares to buy. Membership forms are available on the lobby desk in the **Wellness and Education Centre**, 518 Lake St., Nelson
- Slide the completed form and your payment under door of the Health Co-op office (main floor, through lobby, turn left, first door on left with CFHC sign) or mail to the address on the back. Your membership card will be mailed to you.

Regular <i>(individual or joint)</i>	(1) share	\$ 10.00
Corporate	(10) shares	\$ 100.00
Enhanced Membership \$10.00 per share <i>(purchase outright or add to basic membership)</i>		
Copper	(5) shares	\$ 50.00
Bronze	(10) shares	\$ 100.00
Silver	(20) shares	\$ 200.00
Gold	(50) shares	\$ 500.00
Platinum	(100) shares	\$1,000.00