

Partners of Community First Health Co-op operating as Nelson and Area Wellness and Education Centre

(Partnerships supporting wellness for all in our communities)

Health/Education Services	
Acupuncture & Natural Health Clinic (Acupuncture/Cupping/Chinese Herbs/Registered Massage Therapy)	250-352-2167
Amy Veale (Foot Care Nurse)	250-352-9767
Community Chiropractic Clinic (Chiropractor and Registered Massage Therapist)	250-352-1322
Community Education & Support Services (Thrive Tutoring Services)	250-608-9280
Dynamic Hearing Solutions (Hearing Health Care)	1-877-426-0079
Heather Griffiths (Foot Care Nurse)	250-777-4337
Kootenay Emergency Response Physicians Association (KERPA) (Saving lives & helping critical/injured patients)	250-352-2288
Martha Wilson MD (Family Medicine Integrative Wellness Clinic)	250-354-7343
Nelson Community Services (NCS) (Supporting Families, Youth & Individuals)	250-352-3504
Nelson & District Hospice Society (Seriously ill, caregivers and grief support)	250-352-2337
Riley Campbell MD (Orthopedic Surgeon)	250-352-2103
Rise BC Wellness Centre (Chronic pain and addictions support)	250-352-5259
The Orchard	
- Apple Tree Maternity (One-Stop Maternity Care)	250-354-3884
- Orchard Clinic (Women's Wellness)	250-354-3884
- Nest Massage Therapy (Lymphatic draining massage)	250-551-3360
- Wild Berry Physiotherapy (Pelvic floor/women's health physio)	250-353-8655
West Kootenay Child Care Resource and Referral (Child care support for children and families)	250-352-0407

Counsellors/Psychologists	
Alan Friend (Jungian Psychoanalyst)	250-661-1272
Cheryl Smith RPC (Counsellor)	250-354-7646
Matthew Wilson-Birks (Counsellor)	778-962-0011
Christy Bryceland (Psychology for children/adolescents)	250-352-3001
Counselling with Lauren (Sliding scale counselling)	1-403-679-8530
Insight Quest Counselling (Alon Gelcer)(Couples/Men's Counselling)	250-354-8854

Business/Community Services	
Accountants - MACH - Accountants & Advisors - Wharfhouse Business Services (Corporate, Small Business, Personal Accounting)	250-352-5191 250-352-5191
Lawyers - Judah Harrison (Family and child protection law)	250-777-2369
- Purcell Law (Chris Smith) (Complex accident & injury claims)	250-777-3674
Workplace - Nelson District Teachers' Assn. - CUPE Local 748	250-354-9693

Community Health Resource Centre Partners	
<i>(Non-profits working for healthier communities can book the Resource Centre free of charge by purchasing a refundable \$100 Co-op membership)</i>	
ALS (Lou Gehrig's Disease) Society of B.C.	250-825-0020
Alzheimer Society of B.C.	1-778-774-2133
Arthritis Society	1-604-714-5565
Brain Injury Association (West Kootenay)	250-505-9038
Breast Cancer Society	250-551-3800
B.C. Lung Association	1-250-229-5632
Canadian Cancer Society (B.C./Yukon)	1-800-656-6426
Friends of Nelson Elders	250-364-0403
Heart & Stroke Foundation	250-352-6998
Kidney Foundation of Canada (B.C. Region)	1-250-410-8202
KidSport	250-352-3255
MS Society of Canada	250-352-9583
Nelson Fresh Tracks Toastmasters Club	1-800-268-7582
Nelson & Area Friends of the Family	778-873-7582
Parkinson Society of B.C.	250-551-5905
Rise Above Pain Society	1-800-668-3330
Seniors Coordinating Society	250-352-6008
TOPS	250-352-1131
West Kootenay Community TEETH Clinic Society	250-352-3543

Secure inside Storage Units accessible 24/7 available for rent to the public.

Contact: cfhcoop@shaw.ca