



## Nelson and District Seniors Coordinating Society

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www.nelsonseniors.ca

### Did You Know?

The following services and programs were provided directly to seniors and disadvantaged people in our communities in **2021**:

- **Elder Abuse Prevention Program** gave 5 presentations to approximately 60 people, and helped 20 individual cases plus 2 systemic ones
- **Income Tax Service** volunteers completed 811 low-income returns, including 12 home visits. In addition, Creston had 29 and Passmore/Slocan had 32 low-income tax returns processed. Advocated for 30 seniors.
- **TEETH Program** held 104 clinics, with 2,596 patient appointments plus 61 denture clients. 105 clients registered through SenCoord. Approximate savings for clients at a 40% discount: \$150,000.
- **Personal Advance Planning** outreach community education events presented, and 7 seniors helped with advance planning. By appointment.
- **Grocery Run Bus Service** made over 273 deliveries of seniors and their food from the grocery store. Help with carrying bags into their homes too.
- **Seniors Referral Service** Our Office Manager helped an average of 10 people daily, referring them to various resources in the community, province and country.
- **Cycling Without Age** Our volunteers provided social connection and fresh air to 157 less mobile individuals in our special trishaws.
- **Farmers Market Coupon Program** We helped 30 low income seniors access fresh local healthy produce directly from Farmers.



**All made possible by dedicated volunteers and sponsors**