

Partners of Community First Health Co-op operating as Nelson and Area Wellness and Education Centre (Partnerships supporting wellness for all in our communities)

Secure inside Storage Units accessible 24/7 available for rent to the public. Contact cfhcoop@gmail.com to inquire!

Health/Education Services

Organization/ Individual	Profession	Phone number	Email
Acupuncture & Natural Health Clinic	Acupuncture/Cupping/Chinese Herbs/Registered Massage Therapy	250-352-2167	shaunatcm@gmail.com
Amy Veale	Foot Care Nurse	250-352-9767	nelsonfootcare@outlook.com
Community Chiropractic Clinic	Chiropractor and Registered Massage Therapist	250-352-1322	
Dynamic Hearing Solutions	Hearing Health Care	1-877-426-0079	
Kootenay Emergency Response Physicians Association (KERPA)	Saving lives & helping critical/injured patients	(778) 738-2208	
Nelson Community Services (NCS)	Supporting Families, Youth & Individuals	250-352-3504	admin@servicesfyi.ca
Nelson District Teachers Association	Supporting and advocating for teachers	(250) 354-9693	lp07@bctf.ca
Argyle Education Consulting	Education consulting and tutoring	250-551-4839	georgia@argyleeducationconsulting.com
Nelson & District Hospice Society	Seriously ill, caregivers and grief support	250-352-2337	info@nelsonhospice.org
Rise BC Wellness Centre	Chronic pain and addictions support	250-352-5259	office@risebc.com
The Orchard, Apple Tree Maternity	One-Stop Maternity Care	250-354-3884	appletreematernity@gmail.com
Orchard Clinic	Women's Wellness	250-354-3884	
Nest Massage Therapy	Lymphatic draining massage	250-551-3360	Carlie:carliehicksonrmt@gmail.com Adriane:hello@adrianeelliott.com
Wild Berry Physiotherapy	Pelvic floor/women's health physio	250-353-8655	wildberryphysiotherapy@gmail.com
West Kootenay Child Care Resource and Referral	Child care support for children and families	250-352-0407	info@kootenaykids.ca

CUPE Local 748	CUPE union		Cupe748secretary@gmail.com
Celeste Guthrie tutoring	Tutoring and education support		celesteguthrie@gmail.com
Eli Mead, Kootenay Osteopathy	Osteopathy	(778) 404-0908	
Vivid Smiles Dental Hygiene Inc	Dental clinic	(250) 777-4704	Bruce@vividsmilesdentalhygiene.com
Niomi Starspires	Biomedicine RMT	(250)777-1474	biomedrebalancing@gmail.com

Counsellors/Psychologists

Jodi Bergman Counselling & Consulting	Counselling and Consulting	250-509-1182	Counselling@jodibergman.com
Alan Friend	Jungian Psychoanalyst	250-661-1272	
Cheryl Smith RPC	Counsellor	250-354-7646	info@cherylsmiththerapy.com
Christy Bryceland	Psychology for children/adolescents	250-352-3001	
Counselling with Lauren	Sliding scale counselling	1-403-679-8530	counsellingwithlauren@gmail.com
Insight Quest Counselling, Alon Gelcer	Couples/Men's Counselling	250-354-8854	
Matt Lowe	Counselling		mattwglowe@gmail.com
OK Therapy Clinic	Counselling	(250) 718-9291	nicole@okclinical.com
Axel Mcgown	Counselling		amcgowncounselling@gmail.com
Toinya Fominoff	counselling		toinyacounselling@gmail.com
Katrina Moore-pettersson	Counselling	(604) 354-6151	katrinamoorepettersson@gmail.com
Christina Clapperton, Divine Alchemy	Counselling	(250) 899-8030	connect@divine-alchemy.ca

Business Services

MACH - Accountants &	Accountants & Advisors,	250-352-5191	
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Advisors, Wharfhouse Business Services			
Purcell Law	Complex accident & injury claims	+1 866-633-6037	

Community Health Resource Centre Partners

(Non-profits working for healthier communities can book the Resource Centre free of charge by purchasing a refundable \$100 Co-op membership)

ALS (Lou Gehrig's Disease) Society of B.C.		250-825-0020	
Alzheimer Society of B.C.		1-778-774-2133	
Arthritis Society		1-604-714-5565	
Brain Injury Association (West Kootenay)		250-505-9038	
Breast Cancer Society		250-551-3800	
B.C. Lung Association		1-250-229-5632	
Canadian Cancer Society (B.C./Yukon)		1-800-656-6426	
Friends of Nelson Elders		250-364-0403	
Heart & Stroke Foundation		250-352-6998	
Kidney Foundation of Canada (B.C. Region)		1-250-410-8202	
MS Society of Canada		250-352-9583	
Nelson Fresh Tracks Toastmasters Club		1-800-268-7582	
KidSport		250-352-3255	
Nelson & Area Friends of the Family		778-873-7582	
Parkinson Society of B.C.		250-551-5905	
Rise Above Pain Society		1-800-668-3330	
Seniors Coordinating Society		250-352-6008	
TOPS		250-352-1131	
West Kootenay Community TEETH Clinic Society		250-352-3543	

